

目錄

輔導季刊 第61卷 第1期

編輯室報告

編輯室報告

(趙淑珠、姜兆眉、李宜蓉)

專論文章

1 認知行為治療取向應用於國小社會與情緒學習 (SEL) 之探討

(許淳茗)

11 阿德勒心理學派取向運用於校園懼學輔導工作之探究—以國小中年級案例舉隅

(孫家玲、謝麗紅)

21 輔導諮商人員與政治暴力創傷當事人工作之專業知能與策略初探

(鄭全盛、姜兆眉)

37 後疫情時代科技輔助青少年通訊關懷與輔導諮商之趨勢與倫理挑戰

(劉碧琴、何慧卿、高旭繁)

實務文章

49 基督教的靈性關懷對一位懷孕感染COVID-19者的助益

(邵淑玲、廖冠毓、林耿真、熊秉荃)

研究文章

57 感恩對幸福感的預測暨台灣不同年齡世代的差異分析

(毛菁華、陳瑜芬)

會務交流道

69 台灣輔導與諮商學會會務報導

(鍾瀨鋌)



Contents

Guidance Quarterly, Volume 61, Number 1

Editorial Report

Shu-chu Chao, Chao-Mei Chiang, Yi-Jung Lee

Review Articles

- 1 The Exploration of the Application of Cognitive Behavioral Therapy Approach in
Elementary School Social and Emotional Learning

Hsu-Chun Ming

- 11 A Study on the Application of Adlerian Psychology Approach to Counseling School Fear
-- A Case from Middle Grade in Primary School as an Example

Jia-Ling Sun, Lih-Horng Hsieh

- 21 Exploration of Guidance and Counseling Professionals' Competencies and Strategies
for Working with Survivors of Political Trauma

Chuan-Sheng Cheng, Chao-Mei Chiang

- 37 Trends and Ethical Challenges of Technology-assisted Online Guidance and Counseling
for Adolescents in the Post-epidemic Era

Pi-Chin Liu, Huei-Chin Ho, Shu-Fang Kao

Practice Articles

- 49 The Benefits of Christian Spiritual Care for a Pregnant Individual Infected with COVID-
19

Shu-Ling Shao, Kuan-Yu Liao, Keng-Chen Lin, Ping-Chuan Hsiung

Research Articles

- 57 Gratitude as a Predictor of Well-Being: An Analysis of Differences Among Different Age
Cohorts in Taiwan

Ching-Hua Mao, Yu-Fen Chen

Taiwan Guidance and Counseling Association Report

- 69 *Cin-Ting Jhong*